

Sub-mfd

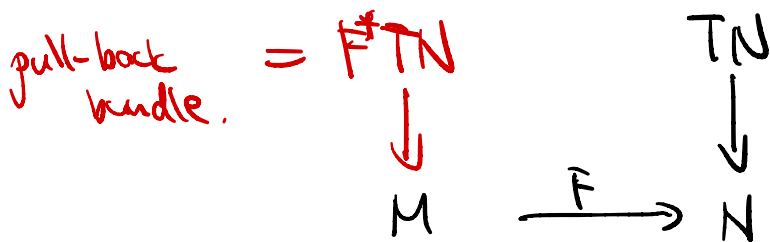
Ref. Mean Curvature flow in higher co-dimension
- intro. and survey
By Smoczyk.

Section 2-3.

Recall: Given an ambient mfd (N^m, g) ,

M^n is an embedded sub-mfd $\exists F: M^n \rightarrow N^m$ ($n \leq m$)

st. $F(M) \cong M$.



eg:  $\Sigma^2 \subseteq \mathbb{R}^3$ with $F = \text{inclusion map}$

$T_p \mathbb{R}^3 = \text{usual vector bundle.}$

$F^*T_p \mathbb{R}^3 = \text{tangent space at } p = \text{tangent plane to } \Sigma$
normal \oplus v.s. at p .

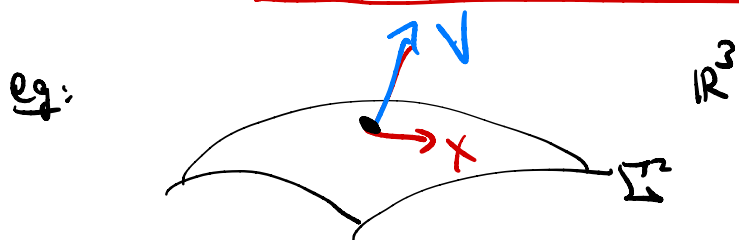
Then the metric g on TN induce the connection

∇ on F^*TN by

$$\forall X \in \Gamma(TM), V \in \Gamma(F^*TN)$$

$$\tilde{\nabla}_X V \stackrel{\Delta}{=} \tilde{\nabla}_{dF(X)} V \quad \text{where } \tilde{\nabla} = \text{Levi-Civita connection of } (N, h).$$

locally,
$$\tilde{\nabla}_i V^M = \partial_i V^M + \Gamma_{\alpha\beta}^M V^\beta$$
 (shift to D in parallel transport)



• Keep in mind: $V \in TM$ as $dF(V) \in F^*TN \subseteq TN$

$$T_p^\perp M = \{v \in T_{F(p)}N \mid \langle v, dF(u) \rangle = 0, \forall u \in T_p M\}$$

$$\perp TM = \bigsqcup_{p \in M} T_p^\perp M \quad (\text{normal bundle})$$

$$\Rightarrow T_{F(p)}N \cong T_p M \oplus dF|_p(T_p M)$$

↑
based on h .

Q: How to define connection on M based on embedding?

Approach 1: $M \xrightarrow{F} N$

$$\Rightarrow \text{induce } g \text{ on } M \text{ by } g \stackrel{\Delta}{=} F^*h$$

"Riemannian metric on M ."

⇒ induce a Levi-Civita connection ∇' w.r.t g on M .

Approach 2: define for any $X, Y \in \Gamma(TM)$,

$$dF(\nabla'_X Y) = \left(\tilde{\nabla}_{dF(X)} \overline{dF(Y)} \right)^T \in dF(TM),$$

Some smooth extension of $dF(Y)$
to $\Gamma(TN)$

Q1: Why is ∇'^2 well defined??

Q2: Are ∇' and ∇'^2 equivalent??

Q1: Yes!! i.e. Given $X, Y \in \Gamma(TM)$,

if $\tilde{Y}, \bar{Y} \in \Gamma(TN)$ are two smooth extensions of

$dF(Y)_p$, then $\tilde{\nabla}_{dF(X)} \tilde{Y} = \tilde{\nabla}_{dF(X)} \bar{Y}$ at $F(p)$.

pf: Suffices to show that if $Y \equiv 0$ on M ,

then $\tilde{\nabla}_{dF(X)} \tilde{Y} = 0 \quad \forall$ extension \tilde{Y} of $dF(Y)$.

∵ $F =$ embedding

∴ Might assume locally $F =$ inclusion. and

$\{x^1, \dots, x^n\}$ coordinate of $M \subset N$ at p

and $\{x^1, \dots, x^n, x^{n+1}, \dots, x^m\}$ coordinate of N at p .

N suffices to consider



$$\cdot X = \partial_i, \quad i=1, 2, \dots, n$$

$$\cdot \tilde{Y} = \sum_{j=1}^m \psi_j \partial_j \quad \text{s.t.}$$

$$\psi_j = 0 \quad \text{on } \{x^{n+1} = \dots = x^m = 0\}$$

$$\nabla_X \tilde{Y} = \tilde{\nabla}_{\partial_i} (\psi_j \partial_j) = \partial_i \psi_j \cdot \partial_j + \psi_j \tilde{\nabla}_{\partial_i} \partial_j$$

$$\begin{aligned} \text{at } p \in M \\ \implies \cancel{\partial_i \psi_j} \cdot \partial_j + \cancel{\psi_j} \cdot \tilde{\nabla}_{\partial_i} \partial_k = 0 \end{aligned}$$

$\because \psi_j = 0 \text{ on } M$

Q3: Yes $\nabla^1 = \nabla^2$ on TM .

\because Levi-Civita connection is unique connection s.t.

$$\textcircled{1} \nabla g = 0 \quad \textcircled{2} T^\nabla = 0.$$

\therefore suffices to check $\nabla^1 g = 0, T^{\nabla^1} = 0.$

$$dF([X, Y]) = [dF(X), dF(Y)] \quad \text{by local computation}$$

$\textcircled{2}$: $\because F = \text{embedding}$.

\therefore suffices to show $dF(\tilde{\nabla}_X Y - \tilde{\nabla}_Y X - [X, Y]) = 0.$

$$\forall X, Y \in \Gamma(TM),$$

$$dF(\tilde{\nabla}_X Y - \tilde{\nabla}_Y X - \tilde{L}(X, Y))$$

$$= \left(\tilde{\nabla}_{dF(X)} dF(Y) - \tilde{\nabla}_{dF(Y)} dF(X) \right)^T - [dF(X), dF(Y)].$$

$$= [dF(X), dF(Y)]^T - [dF(X), dF(Y)]$$

$$= 0 \quad \boxed{\because dF(L(X, Y)) \in dF(TM).} \quad \#$$

$\therefore \tilde{\nabla}^2 = \text{torsion free!}$

①: $\forall z, X, Y \in \Gamma(TM), \quad p \in M$

$$Z(g(X, Y)) \Big|_p = Z(\langle \rho(dF(X), dF(Y)) \rangle) \Big|_p$$

$$= dF(z) (\langle \rho(dF(X), dF(Y)) \rangle) \Big|_{F(p)}$$

$$\boxed{\tilde{\nabla} \rho = 0}$$

$$= \langle \rho(\tilde{\nabla}_{dF(z)} dF(X), \underline{dF(Y)}) \rangle$$

$$+ \langle \underline{dF(X)}, \rho(\tilde{\nabla}_{dF(z)} dF(Y)) \rangle$$

$$= \langle dF(\tilde{\nabla}_z X), dF(Y) \rangle$$

$$+ \langle dF(X), dF(\tilde{\nabla}_z Y) \rangle$$

$$= g(\nabla_Z^2 X, Y) + g(X, \nabla_Z^2 Y) \quad \#$$

$$\therefore \nabla^2 g = 0. \quad \#$$

$$\left\{ \begin{array}{l} \nabla^2 g = 0 \\ T(\nabla^2) = 0 \end{array} \right. \Rightarrow \nabla^1 = \nabla^2$$

Likewise, might define ∇^\perp on $T^\perp M$ by

$$\nabla_X^\perp v \triangleq (\nabla_X v)^\perp \quad \text{for } X \in \Gamma(TM), \\ v \in \Gamma(T^\perp M).$$

Extend $\nabla, \bar{\nabla}$ naturally to all. (By duality)

$$\Gamma(TM^{\otimes k} \otimes T^*M^{\otimes l} \otimes F^*TN^{\otimes r} \otimes F^*T^*N^{\otimes s}),$$

Call them: ∇ .

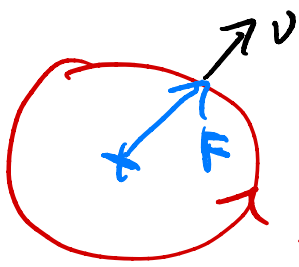
• Defn: For $X, Y \in \Gamma(TM)$, define

$$A(X, Y) \triangleq \left(\begin{array}{c} \nabla_{dF(X)} dF(Y) \end{array} \right)^\perp \in T^\perp M, \\ \in F^*TN$$

We call A to be 2nd fundamental form.

Remark: Some ppl define $A \triangleq -(\nabla_{dF(X)} dF(Y))^\perp$

so that.



$$\mathbb{S}^2 \subseteq \mathbb{R}^3.$$

$$\Rightarrow \langle -\tilde{\nabla}_{dF(x)} dF(y), v \rangle = g(x, y).$$

prop: $A \in \Gamma(TM \otimes \underbrace{\text{Sym}(T^*M \otimes T^*M)}_{\text{Sym}(T^*M \otimes T^*M)})$

and $A(x, y) = A(y, x)$.

pf: symmetric: $\forall x, y \in \Gamma(TM)$.

$$A(x, y) = \left(\tilde{\nabla}_{dF(x)} dF(y) \right)^T$$

$$= \tilde{\nabla}_{dF(x)} dF(y) - \left(\tilde{\nabla}_{dF(x)} dF(y) \right)^T$$

$$= \tilde{\nabla}_{dF(x)} dF(y) - dF(\nabla_x y)$$

$$A(y, x) = \tilde{\nabla}_{dF(y)} dF(x) - dF(\nabla_y x)$$

$$\Rightarrow A(x, y) - A(y, x)$$

$$= [dF(x), dF(y)] - dF([x, y]) = 0 \neq$$

linear over $\mathcal{C}^\infty(M)$:

$$\begin{aligned} A(fx, Y) &= \tilde{\nabla}_{dF(X)} dF(Y) - dF(\tilde{\nabla}_{fx} Y) \\ &= \tilde{\nabla}_f dF(X) dF(Y) - dF(\tilde{\nabla}_{fx} Y) \\ &= f(\tilde{\nabla}_{dF(X)} dF(Y)) - dF(\tilde{\nabla}_{fx} Y). \\ &= f \cdot A(x, Y) \end{aligned}$$

symmetry $\Rightarrow A(x, fY) = f A(x, Y) \quad \forall x, Y \in T(M)$
 $f \in \mathcal{C}^\infty(M)$

locally, $A = A_{ij}^{\alpha} dx^i \otimes dx^j \otimes \frac{\partial}{\partial y^{\alpha}}$

where $\{x^i\}$ = local coordinate of M .

$\{y^{\alpha}\}$ = local coordinate of N .

Recall : $dF \in T^*(F^*TN \otimes T^*M)$

locally, $dF = F_{;i}^{\alpha} dx^i \otimes \frac{\partial}{\partial y^{\alpha}}$

$$F_{;i}^{\alpha} = \partial_i F^{\alpha}$$

Prop: $A(x, Y) = (\nabla dF)(x, Y) \quad \forall x, Y \in \Gamma(TM)$.

$$\left(\begin{aligned} \text{co.} \\ A_{ij}^\alpha &= F_{ij}^\alpha \\ &= d_{ij} F^\alpha - F_{ij}^k F_k^\alpha + F_{i\beta}^\alpha F_j^\beta \end{aligned} \right)$$

pf: $(\nabla dF)(x, Y) \quad \forall x, Y \in P(TM)$.

$$= (\nabla_x dF)(Y)$$

$$= \nabla_x (dF(Y)) - dF(\nabla_x Y)$$

$$= \tilde{\nabla}_{dF(x)} dF(Y) - (\tilde{\nabla}_{dF(x)} dF(Y))^T$$

↓ based on arbitrary extension

$$= (\tilde{\nabla}_{dF(x)} dF(Y))^T = A(x, Y) \quad \#$$

eg: $M = S^2 \subseteq \mathbb{R}^3 = N$.

compute A_{ij}^ν at $p \in S^2$.

Remark: $\because M^n = \text{hypersurface of } N^{n+1}$

$$A_{ij} \in TM = \text{rank } 1.$$

$$\boxed{A_{ij}^\nu} = \langle A_{ij}, \nu \rangle, \quad \nu = \text{unit outward normal.}$$

In fact, $A^\nu \in \Gamma(T^*M \otimes T^*M)$

$$A^\nu = A^\nu_{ij} dx^i \otimes dx^j \quad \text{locally.}$$

By Rotation, might assume $p = (0, 0, 1) \in S^2 \subset \mathbb{R}^3$.

Direct parametrization: (Might try using spherical coordinates) $\in \mathbb{R}^2$.

$$F(x, y) = (x, y, \sqrt{1-x^2-y^2}) \quad \text{on} \quad \left\{ \begin{array}{l} |x|^2 + |y|^2 < \varepsilon \\ D \end{array} \right\}$$

at $p \Leftrightarrow$ at $(0, 0) \in D$.

1st fundamental form (OR equivalently the induced metric $g = F^*h$):

$$\begin{aligned} \text{At } p, \quad g &= g_{ij} dx^i \otimes dx^j \\ &= \begin{bmatrix} g_{11} & g_{12} \\ g_{21} & g_{22} \end{bmatrix} \quad \text{where} \end{aligned}$$

$$F_*\partial_1 = \left(1, 0, \frac{-x}{\sqrt{1-x^2-y^2}} \right) = \partial_1 \in T_p\mathbb{R}^3$$

$$F_*\partial_2 = \left(0, 1, \frac{-y}{\sqrt{1-x^2-y^2}} \right) = \partial_2 \in T_p\mathbb{R}^3$$

$$\Rightarrow \begin{cases} g_{11} = (F^*h)_{11} = \langle F_*\partial_1, F_*\partial_1 \rangle = 1 \\ g_{12} = 0, \quad g_{22} = 1 \end{cases}$$

$$i \quad g(p) = I_2 \quad , \quad g^{-1}(p) = I_2.$$

$$\bullet \quad F^1 = x \quad ; \quad F^2 = y \quad ; \quad F^3 = \sqrt{1-x^2-y^2}$$

$$\bullet \quad \text{At } p, \quad v = (0, 0, 1)$$

$$A_{ij}^v = \langle A_{ij}, v \rangle = A_{ij}^1 \cdot 0 + A_{ij}^2 \cdot 0 + A_{ij}^3 \cdot 1$$

$$= A_{ij}^3 = F_{ij}^3$$

$$= \frac{\partial}{\partial x_j} F^3 - F_{ij}^3$$

0 (By std coord. of \mathbb{R}^3 .)
 ~~$\frac{\partial}{\partial x_j} F^3 - F_{ij}^3$~~
 (non-zero if we use spherical coord.)

$$\bullet \quad F_{ij}^3 = \frac{\partial}{\partial x_j} \left(\sqrt{1-x^2-y^2} \right)$$

$$= \frac{-x}{\sqrt{1-x^2-y^2}} = 0 \quad \text{at } p = F(0,0).$$

$$\bullet \quad F_{ij}^3 = 0 \quad \text{similarly.}$$

$$\Rightarrow A_{ij}^v = \frac{\partial}{\partial x_j} F^3 = \frac{\partial}{\partial x_j} \left(\sqrt{1-x^2-y^2} \right)$$

$$\text{Hence, } A_{11}^3 = \frac{\partial}{\partial x} \left(\frac{-x}{\sqrt{1-x^2-y^2}} \right) = \frac{-1}{\sqrt{1-x^2-y^2}} + o(x)$$

$$= -1 \quad \text{at } p = F(0,0).$$

$$A_{22}^3 = d_y \left(\frac{-y}{\sqrt{x^2+y^2}} \right) = -1 \quad \text{at } p = F(0,0)$$

$$A_{12}^3 = d_y \left(\frac{-x}{\sqrt{x^2+y^2}} \right) = 0 \quad \text{at } p = F(0,0).$$

tensor.

$$\underline{A_{ij}^D} = -d_{ij} = \underbrace{-g_{ij}}_{\text{convention}} \quad \text{on } \mathbb{S}^2. \quad \#$$

(Exercise: try using $F(\theta, \phi) = (1, \theta, \phi)$ under spherical coordinate.)

$$\text{Now, } (M, g) \xrightarrow{F} (N, h).$$

Q: How is $Rm(g)$ Related to $\tilde{Rm}(h)$??

Gauss equation: $\forall X, Y, Z, W \in T^1(TM)$,

$$R(X, Y, Z, W) = \tilde{R}(dF(X), dF(Y), dF(Z), dF(W))$$

$$= \langle A(X, Z), A(Y, W) \rangle + \langle A(X, W), A(Y, Z) \rangle.$$

pf: Suffices to show the Gauss formula

for $X = \partial_i, Y = \partial_j, Z = \partial_k, W = \partial_l$ where

$\{x_i\}$ is normal coordinate at PGM.

$$R_{ijkl} = \langle \nabla_{x_i} \nabla_{x_j} d\mathbf{c} - \nabla_{x_j} \nabla_{x_i} d\mathbf{c}, d\mathbf{c} \rangle_{\mathbf{g}} \quad \text{at P.}$$

$$\text{(Normal coord.)} \quad x_i \langle \nabla_{x_j} d\mathbf{c}, d\mathbf{c} \rangle_{\mathbf{g}} - x_j \langle \nabla_{x_i} d\mathbf{c}, d\mathbf{c} \rangle_{\mathbf{g}}$$

$$= dF(x_i) \cdot \left\langle \left(\tilde{\nabla}_{dF(x_j)} dF(d\mathbf{c}) \right), dF(d\mathbf{c}) \right\rangle_{\mathbf{h}}$$

$$- dF(x_j) \cdot \left\langle \left(\tilde{\nabla}_{dF(x_i)} dF(d\mathbf{c}) \right), dF(d\mathbf{c}) \right\rangle_{\mathbf{h}}$$

$$= \left\langle \left(\tilde{\nabla}_{dF(x_i)} \tilde{\nabla}_{dF(x_j)} - \tilde{\nabla}_{dF(x_j)} \tilde{\nabla}_{dF(x_i)} \right) dF(d\mathbf{c}), dF(d\mathbf{c}) \right\rangle_{\mathbf{h}}$$

$$+ \left\langle \tilde{\nabla}_{dF(x_j)} dF(d\mathbf{c}), \tilde{\nabla}_{dF(x_i)} dF(d\mathbf{c}) \right\rangle_{\mathbf{h}}$$

$$- \left\langle \tilde{\nabla}_{dF(x_i)} dF(d\mathbf{c}), \tilde{\nabla}_{dF(x_j)} dF(d\mathbf{c}) \right\rangle_{\mathbf{h}}$$

$$= \tilde{R}(dF(x_i), dF(x_j), dF(d\mathbf{c}), dF(d\mathbf{c}))$$

$$+ \left\langle \tilde{\nabla}_{dF(x_j)} dF(d\mathbf{c}), \tilde{\nabla}_{dF(x_i)} dF(d\mathbf{c}) \right\rangle_{\mathbf{h}}$$

$$- \left\langle \tilde{\nabla}_{dF(x_i)} dF(d\mathbf{c}), \tilde{\nabla}_{dF(x_j)} dF(d\mathbf{c}) \right\rangle_{\mathbf{h}}$$

Remain to consider

$$\begin{aligned} & \left\langle \sum_{dF(\partial_j)} dF(\partial_j), \sum_{dF(\partial_i)} dF(\partial_i) \right\rangle, \\ & = \left\langle A(\partial_j, \partial_k) + dF(\cancel{\nabla_{\partial_j} \partial_k}^0), A(\partial_i, \partial_\ell) + dF(\cancel{\nabla_{\partial_i} \partial_\ell}^0) \right\rangle, \\ & = \left\langle A(\partial_j, \partial_k), A(\partial_i, \partial_\ell) \right\rangle_{h^\#} \end{aligned}$$

(normal vectors)

Defn: Mean curvature vector

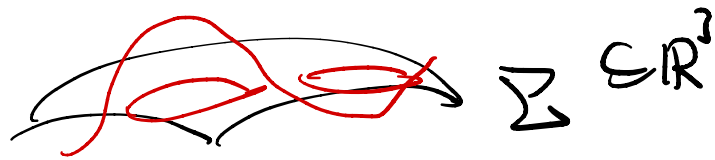
$$\vec{H} = g^{ij} \vec{F}_{ij} = \text{tr}_g(A) \in \Gamma(T^\perp M)$$

locally $H = H^\alpha \frac{\partial}{\partial x^\alpha} \in \Gamma(T^\perp M)$.

Why care??

prop: Suppose $M \xrightarrow{F_0} N$ is embedded closed sub-mfld. If $F_0 = \text{minimal}$ in the sense that for any smooth variation of F_0

Area(M) w.r.t $F_0 = \text{minimal}$, then $\vec{H} = 0$.



pf: Assumption \Rightarrow if $F(t): M \rightarrow N$ s.t.

$$\begin{cases} F(0) = F_0 \\ d_t F|_{t=0} = T \in T(F^*TN). \end{cases}$$

then $d_t \text{Area}(M, F_t^*g) = 0$ at $t=0$.

$(F_t^*g)_{ij} =$ time evolving metric on M .

given by $F_t^* F_t^* \text{map.} = g_{ij}(t)$. time indep

$$d_t \text{Area} = \frac{d}{dt} \int_M d\mu_t = \int_M d_t d\mu_t.$$

$$= \int_M \frac{1}{2} \text{tr}_g(d_t g) d\mu_t \quad (\text{Jacobi-formula})$$

where

$$\text{tr}_g(d_t g) = g^{ij}(d_t g_{ij}) = g^{ij}(F_{i,t}^\alpha F_{j,t}^\beta \text{map.})'$$

$$= g^{ij}(F_{i,t}^\alpha F_{j,t}^\beta + F_{i,t}^\beta F_{j,t}^\alpha) \text{map.}$$

$$= 2 g^{ij}(T_{i,t}^\alpha F_{j,t}^\beta) \text{map.} \quad (\because g_{ij} = g_{ji})$$

Here, $T_{i,t}^\alpha = \nabla_i T^\alpha$.

$$\Rightarrow \left. \frac{d}{dt} \right|_{t=0} \text{Area}(M, g(t)) = \int_M (g_{ij} T^{\alpha} F_{ij}^{\beta} \nu_{\beta}) \, d\mu_g.$$

verify $\nabla_i h_{\alpha\beta} = 0$:

$$\begin{aligned} d_i h_{\alpha\beta} - \tilde{\Gamma}_{\alpha\beta}^{\gamma} h_{\gamma\delta} F_i^{\delta} - \tilde{\Gamma}_{\alpha\beta}^{\gamma} h_{\gamma\delta} F_i^{\delta} &= \tilde{\nabla}_i h_{\alpha\beta} \cdot F_i^{\alpha} = 0 \\ &\stackrel{\text{div. thm}}{=} - \int_M T^{\alpha} \cdot F_{ij}^{\beta} g_{ij} \nu_{\beta} \, d\mu_g \\ &= - \int_M \langle \vec{T}, \vec{H} \rangle \, d\mu_g \Big|_{t=0} \end{aligned}$$

$\forall T \in T(FTN)$

$$\Rightarrow \vec{H} = 0 \quad \text{at } t=0 \quad \text{on } M$$

What about 2nd variation??

• Assume $M \xrightarrow{F} N$ is a hypersurface which is minimal ($H = \langle \vec{H}, \nu \rangle = 0$)
 \uparrow mean curvature $\in C^{\infty}(M)$

• Assume variational vector field = $T = f\nu$
 where $f \in C^{\infty}(M)$, $\nu =$ outward normal unit vector.

$$\begin{aligned} \left. \frac{d^2}{dt^2} \right|_{t=0} \text{Area}(M, g(t)) &= \left. \frac{d}{dt} \right|_{t=0} \int_M - \langle \vec{T}, \vec{H} \rangle \, d\mu_g \\ &= \left. \frac{d}{dt} \right|_{t=0} \int_M - f H \, d\mu_g \end{aligned}$$

$$= \int_M -f H' d\mu_t \quad (\because H=0 \text{ at } t=0.)$$

$$H' = \partial_t (g_{ij}^u A_{ij}) = \partial_t g_{ij}^u \cdot A_{ij} + g_{ij}^u \partial_t A_{ij}$$

$$= I + II.$$

$$I = -2 g^{il} g^{kj} (F_{lt}^\beta F_k^\alpha) h_{\beta\alpha} A_{ij} \quad \begin{matrix} (A_{ij} = A_{ji}) \\ (g_{ij}^u = g_{ji}^u) \end{matrix}$$

$$= -2 g^{il} g^{kj} F_k^\alpha h_{\beta\alpha} A_{ij} (f_e v^\beta + f v_e^\beta)$$

$$F_{kt}^\beta = T_{kt}^\beta = (f v^\beta)_e.$$

$$= -2f g^{il} g^{kj} F_k^\alpha h_{\beta\alpha} A_{ij} \underline{v_e^\beta} \quad (\because v \perp dF(TM))$$

Moreover, $v_e = \sum_{\beta=1}^m v_e^\beta \cdot \frac{\partial}{\partial y^\beta}$

$$\text{and } \langle v_e, v \rangle = \frac{1}{2} \partial_e \langle v, v \rangle = 0$$

$$\Rightarrow v_e \in dF(TM).$$

$$\text{As } \langle v_e, dF(\partial_i) \rangle = - \langle v, \nabla_e dF(\partial_i) \rangle = -A_{ie}.$$

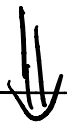
$$\Rightarrow v_e = -A_{ej} g^{jk} dF(\partial_k) = -A_e^k dF(\partial_k).$$

$$\begin{aligned}
\therefore I &= -2f g^{il} g^{kj} F_k^\alpha \rho_{\alpha\beta} A_{ij} \left(\underbrace{-A_l^\beta}_{\substack{\text{at } p \\ \text{of } \rho}} F_p^\beta \right) \\
&= 2f \cancel{g^{il}} \cancel{g^{kj}} \underbrace{\left(F_k^\alpha F_p^\beta \rho_{\alpha\beta} \right)}_{\substack{\text{at } p \\ \text{of } \rho}} \underbrace{A_{ij} A_l^\beta}_{\substack{\text{at } p \\ \text{of } \rho}} \cdot \cancel{\delta_p^\beta} \\
&= 2f A_{ij}^l A_l^j = 2f |A|^2.
\end{aligned}$$

$$\begin{aligned}
\mathbb{I} &= g_{ij} dx^i dx^j = g_{ij} dx \left(\tilde{\nabla}_{dF(\alpha_i)} dF(\alpha_j), \nu \right) \\
&= g_{ij} \left\langle \tilde{\nabla}_{dF(\alpha_i)} \tilde{\nabla}_{dF(\alpha_i)} dF(\alpha_j), \nu \right\rangle \\
&\quad + g_{ij} \left\langle \tilde{\nabla}_{dF(\alpha_i)} dF(\alpha_j), \underbrace{\tilde{\nabla}_{dF(\alpha_i)} \nu}_{\substack{\text{of } dF(LTA)}} \right\rangle \\
&= g_{ij} \tilde{R}(dF(\alpha_i), dF(\alpha_i), dF(\alpha_j), \nu) \\
&\quad + g_{ij} \left\langle \tilde{\nabla}_{dF(\alpha_i)} \tilde{\nabla}_{dF(\alpha_i)} dF(\alpha_j), \nu \right\rangle \\
&\quad + g_{ij} \left\langle dF(\tilde{\nabla}_{\alpha_i} \alpha_j), \tilde{\nabla}_{dF(\alpha_i)} \nu \right\rangle. \\
&= f g_{ij} \tilde{R}(\nu, dF(\alpha_i), dF(\alpha_j), \nu)
\end{aligned}$$

normal coordinate at p

$$\begin{aligned}
 & + g_{ij} \langle \tilde{\nabla}_{dF(\partial_i)} \tilde{\nabla}_{dF(\partial_j)} dF(\partial_k), \nu \rangle \quad \downarrow (\langle \partial_k, \partial_j \rangle = 0) \\
 & = f \cdot \tilde{R}_{ij}(\nu, \nu) \quad \left(\because \{dF(\partial_i)\}_{i=1}^n \cup \{\nu\} \text{ form a basis} \right) \\
 & + g_{ij} \langle \tilde{\nabla}_{dF(\partial_i)} \tilde{\nabla}_{dF(\partial_j)} (f\nu), \nu \rangle.
 \end{aligned}$$



$$\begin{aligned}
 \frac{d^2}{dt^2} \Big|_{t=0} \text{Area} &= \int_M -2f^2 |A|^2 - f^2 \tilde{R}_{ij} \\
 &\quad - g_{ij} \langle \tilde{\nabla}_{dF(\partial_i)} \tilde{\nabla}_{dF(\partial_j)} (f\nu), f\nu \rangle d\mu_0
 \end{aligned}$$

where $\tilde{\nabla}_{dF(\partial_i)} \tilde{\nabla}_{dF(\partial_j)} (f\nu) = \tilde{\nabla}_{dF(\partial_i)} (d_j f \cdot \nu + f \tilde{\nabla}_{dF(\partial_j)} \nu)$

$$= d_i d_j f \cdot \nu + d_i f \cdot \tilde{\nabla}_{\partial_j} \nu + d_j f \cdot \tilde{\nabla}_{\partial_i} \nu + f \tilde{\nabla}_{\partial_i} \tilde{\nabla}_{\partial_j} \nu.$$

Normal coord =

$$\tilde{\nabla}_i \tilde{\nabla}_j f \cdot \nu + f_i \nu_j + f_j \nu_i + f \tilde{\nabla}_i \tilde{\nabla}_j \nu.$$

after inner product with $f\nu$.

$$= \int_M -2f^2 |A|^2 - f^2 \tilde{R}_{ij} - f \Delta f - f^2 g_{ij} \langle \nu_{ij}, \nu \rangle.$$

div. thm

$$= \int_M -2f^2 |A|^2 - f^2 \tilde{R}_{ij} + |df|^2 + f^2 |\nabla \nu|^2 d\mu_0$$

$$\left(\begin{array}{l} \text{Since } \nabla_i v = A_i^{\ell} dF(x_{\ell}) \\ |\nabla v|^2 = g_{ij}^{\ell} A_i^{\ell} A_j^{\ell} g_{k\ell} = |A|^2 \\ \text{and hence} \end{array} \right)$$

$$= \int_M -f^2 (|A|^2 + \tilde{R}_{ij} v) + |df|^2 d\mu_0.$$

$$\left(\frac{d^2}{dt^2} \Big|_{t=0} \text{Area}(M, g(t)) \right)$$

Thm (Simon) If M^n is cpt, minimal in N^{n+k} with $\tilde{R}_{ij}(N) > 0$, then M is not stable minimizer.

pf: otherwise, $\forall f \in C^{\infty}(M)$,

$$0 \leq \frac{d^2}{dt^2} \Big|_{t=0} \text{Area}(M, g(t)) = \int_M |df|^2 - f^2 (\tilde{R}_{ij} + |A|^2)$$

$$\text{Put } f=1 \quad (\because \tilde{R}_{ij} > 0) \\ \Rightarrow 0 < \int \tilde{R}_{ij} + |A|^2 d\mu_0 \leq 0.$$

$\rightarrow \text{K} \quad \#$